

# Christ-Centered Change

## Coaching Services

Coaching Sessions  
By Phone  
In Person (St. Louis)  
One on One  
Couples  
Groups

## Making A New Beginning



Life occurs in cycles. The seasons come and go, plants and animals experience an ebb and flow, and nature teaches us that life follows predictable patterns.

Thankfully, every day presents fresh opportunities for change and growth. When the sun sets and rises again upon a new day, we are given a new beginning. Although old habits are not easy to break, we don't need to be limited or defined by our past.

God desires to renew and refresh us day by day. We must not allow our lives to become stagnant by falling into an empty routine without meaning or fulfillment. What new thing does God have for you? Where is he leading you? What are your growing edges? Are you allowing yourself to stay stuck in your past? What or who is holding you back? Is fear or lack of confidence standing in your way?

Decide today to make a new beginning - with God's help. Don't settle for less than God's best. Jesus said, "Behold I make all things new!" What might seem impossible for us is easy for God. Don't allow the enemy to convince you that you can't change or that you have somehow been disqualified because of your past. See yourself through God's eyes as his child, and invite the Holy Spirit to fill you afresh with wonder and joy. Watch with expectancy to see what God is up to, and live out the abundant life Jesus desires for you.

Today is a new beginning - don't miss it!!

*Bill*

## New Beginnings Coaching

Bill Kuntz, M.S., LCSW, Licensed Psychologist & Life Coach  
6500 Marquette Ave  
St Louis, MO 63139

PHONE: (314) 712-1754

E-MAIL: [nbcoaching@aol.com](mailto:nbcoaching@aol.com)

[www.ChristianLifeCoachUSA.com](http://www.ChristianLifeCoachUSA.com)

If you no longer wish to receive communication from us: [Cancel](#)  
To update your contact information: [Update](#)